

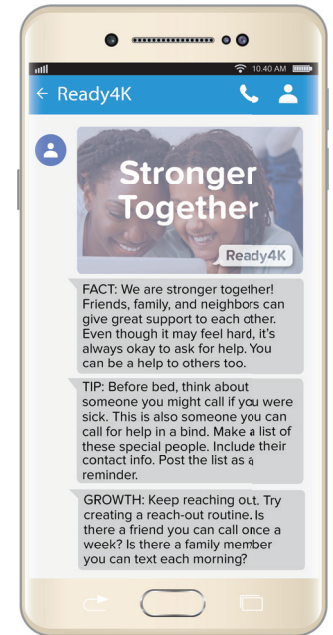
# Head Start Alignment with Ready4K Trauma-Informed



Ready4K Trauma-Informed provides a family support curriculum designed to strengthen families' protective factors. Our community asset mapping process creates a supplemental set of messages that link families to vital community resources. Defined by the local partner, these may support substance misuse recovery; violence treatment; food, housing, and economic services; job training, and mental health services.

Ready4K Trauma-Informed can amplify any program's strategy for supporting families with trauma informed care. The program also works well as a stand-alone service with:

- clear goals for strengthening families' protective factors,
- links for connecting families to vital community resources,
- measurement of objectives such as launch date, number of families enrolled, persistence, and messages sent
- automatically embedded in-text quarterly family engagement surveys and click-through data to enable you to continuously evaluate the impact of the program on your families.



**Informed by the SAMHSA 4Rs, built on a robust evidence base, and closely aligned to Head Start requirements, Ready4K Trauma-Informed can be supported through funds set aside for family engagement, FY 2020 Supplemental Funds in Response to the Coronavirus Disease 2019 (COVID-19), and FY 2020 Quality Improvement funds.**

Works as a strategy or stand-alone	4Rs and protective factors aligned	Link families to vital resources	Built on evidence and expert guidance	Aligned to COVID-19 Funding	Aligned Quality Improvement funding	Clear goals, objectives, and evaluation
<p>✓</p> <p>Designed to strengthen families' protective factors &amp; their use of vital community resources. Can be a stand-alone program or component and amplifier of a broader trauma-informed strategy.</p>	<p>✓</p> <p>Developed through the lens of SAMHSA's 4Rs. Designed to strengthen families' protective factors, which are five characteristics or strengths that act to mitigate risks and buffer the effects of trauma.</p>	<p>✓</p> <p>Includes supplemental set of localized text messages. Links families to substance misuse recovery; violence treatment; food, housing, and economic services; job training, and mental health services.</p>	<p>✓</p> <p>Extension of the Ready4K family support model, which has the strongest evidence base in the field.* Informed by multiple years of work with community partners and the guidance of mental health experts and agencies, community health workers, parents, and providers.</p>	<p>✓</p> <p>Supports requirements of FY 2020 Supplemental COVID-19 Funds, which states that programs may need to undertake a wide range of one-time, specific actions or activities in response to Coronavirus, such as mental health services, supports, crisis response, and intervention services.</p>	<p>✓</p> <p>Enables programs to meet OHS' encouragement to invest QI funds in trauma-informed approaches, addressing multiple "Allowable Uses" of QI Funds as Specified in the Head Start Act (the ACF-PI-HS-20-02 FY 2020 Head Start Funding Increase).</p>	<p>✓</p> <p>Provides data dashboard with number of families enrolled, persistence, messages sent, click-through data, and family and child outcomes. Quarterly reports available on demand and end-of-year impact report automatically provided.</p>

\*York, Loeb & Doss, 2018; Doss, Fahle, Loeb & York, 2018; additional studies forthcoming